

LIMITED AUTHORIZATION

Name of Participant: _____

SSN: _____

This authorization applies to the Individual listed above and applies to any pension plan, retirement plan, investment account, brokerage firm, or financial service company or employer maintaining information as described below on behalf of the above individual, and applies to his/her current or previous employer(s) and shall apply to any and all employers, affiliated service groups, controlled groups, or entities under common control or any union affiliation's the employee may have as a result of the employees occupation or employment.

This form will authorize you to release any and all information regarding my pension and retirement benefits, credited service, compensation, or any other benefits such as employee benefits plans, employee savings plans, stock ownership plans, stock option plans, defined contribution plans, I.R.A(s), 401(k)plans or other employment benefits including insurance, disability and welfare programs, information pertaining to direct or indirect compensation upon termination or retirement (sick, vacation, etc.), and my employment history, including a summary Plan Description, Annual Summary Statement and Salary History. This information pertains to ERISA and Non-ERISA covered Plans.

To facilitate handling this matter, I authorize you to disclose any information both verbally and in writing by fax and/or by email to Steven L. Abel . In addition, I ask that you honor faxed transmissions of this authorization form or copies thereof. This authorization does not permit the release of my non-financial personal records. This authorization will expire one year from the date of notarization. This authorization permits you to forward this information directly to: Steven L. Abel, 101 South Broadway, Nyack, NY 10960 Fax: 845-634-1275. Email: steven@abelqdros.com.

Date: _____

Signed: _____

STATE OF NEW YORK)
) ss:
COUNTY OF _____)

On the ____ day of _____, 20____, before me, the undersigned, a Notary Public in and for the State of New York personally appeared

personally known to me or proved to me on the basis of satisfactory evidence to be the individual whose name is subscribed to the within instrument and acknowledged to me that he/she executed the same in his/her capacity and that by his/her signature on the instrument, the individual executed the instrument.

Notary Public